

# GREEN BAY, WI

PROUD SPONSOR OF THE CELLCOM GREEN BAY MARATHON

**Geilcom** 

Finisher Medals

Race Shirt



ALL INFORMATION IS FOUND AT: cellcomgreenbaymarathon.com

### Let's run. Together.





**cellcom.com** Proud Sponsor of the Cellcom Green Bay Marathon



# GOOD LUCK RUNNERS.

We are with you every step of the way.



# TABLE OF CONTENTS

Letter from the Marathon Board	5
Packet Pick-Up & Event Schedule	6
Sunday Events	7
Runner Information	8
Race Results	8
Shuttle Information	9
Marathon & Relay Map	11
Half Marathon & Relay Map	12
5К Мар	13
Rules of the Road	14
Runner Safety & Medical Information	15
Spectator Information	16

## MESSAGE FROM THE BOARD

On behalf of the Cellcom Green Bay Marathon Board and Race Director, sponsors and charity partners, we welcome you to the final running of the Cellcom Green Bay Marathon. Our mission is to promote a year-round active lifestyle, foster community spirit and raise money for local charities.

Your participation helps us to fulfill this mission. We'd like to thank the hundreds of race-weekend volunteers who will be with you from start to finish. We'd also like to thank the many sponsors who make the race possible, especially our title sponsor Cellcom and our official health partner, Prevea.

The Cellcom Green Bay Marathon is proud to be a non-profit organization that raises awareness and funds for other community non-profits. This year's charity partners are Feeding America Eastern Wisconsin and New Community Shelter.

Your safety and enjoyment are our highest priorities during race weekend. If you have any questions or concerns, our staff and volunteers are here to assist you. See you at the finish line!

Sincerely,

Ashok Rai, MD Board President

Ryan Griessmeyer Race Director

## PACKET PICK-UP & EVENT SCHEDULE

### ACTIVITES FRIDAY, MAY 17

TIME

### LOCATION

Runner Registration & Packet Pick-Up	4:00 PM - 7:00 PM	The Bar 2001 Holmgren Way
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### SATURDAY, MAY 18

Runner Registration & Packet Pick-Up	10:00 AM - 7:00 PM	The Bar 2001 Holmgren Way
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### SUNDAY, MAY 19

MyTeam Triumph Marathon & Wheelchairs	6:55 AM	Mike McCarthy Way between Holmgren Way and Oneida Street
Marathon Legends Start	6:58 AM	Mike McCarthy Way between Holmgren Way and Oneida Street
Marathon & Marathon Relay Start	7:00 AM	Mike McCarthy Way between Holmgren Way and Oneida Street
MyTeam Triumph Half Marathon & Wheelchairs Start	7:55 AM	Mike McCarthy Way between Holmgren Way and Oneida Street
Half Marathon Legends Start	7:58 AM	Mike McCarthy Way between Holmgren Way and Oneida Street
Half Marathon & Half Marathon Relay Start	8:00 AM	Mike McCarthy Way between Holmgren Way and Oneida Street
5K Run/Walk Start	8:15 AM	Mike McCarthy Way between Holmgren Way and Oneida Street
Awards Pick up for ALL events	11:00 AM	The Stage at The Bar 2001 Holmgren Way

# SUNDAY EVENTS

### **CELLCOM GREEN BAY MARATHON & MARATHON RELAY - 7:00 AM**

Start and Finish Line: Mike McCarthy Way between Holmgren Way and Oneida Street

### **MARATHON RELAY RUNNER TRANSFER LOCATIONS**

LEG #	DESCRIPTION	LEG DIST (MI)	ENDS AT MILE
1	Start Line	4.81	4.81
2	Corner of S. Point Rd & W. Point Rd	4.11	8.92
3	Marquette Park: Hickory Hill & Nicolet Ave	6.91	15.83
4	Langlade Elem. School: Broadview & Libal	5.46	21.29
5	Green Bay Water Utility: Cass & Adams	4.91	26.2

#### CELLCOM GREEN BAY HALF MARATHON & HALF MARATHON RELAY -8:00 Am

Start and Finish Line: Mike McCarthy Way between Holmgren Way and Oneida Street

### HALF MARATHON RELAY RUNNER TRANSFER LOCATIONS

LEG #	DESCRIPTION	LEG DIST (MI)	ENDS AT MILE
1	Start Line	5.73	5.73
2	Corner of S. Point Rd & W. Point Rd	7.37	13.1

### **RELAY TEAM REUNITE LOCATION:** S Ridge Rd & Valleyview Rd

All Teammates can reunite a mile before the finish to run through lambeau field and cross the finish line together - YOU MUSt be wearing bib to run through lambeau field

# SUNDAY EVENTS CONT.

### 5K EVENT - 8:15 AM

Start and Finish Line: Mike McCarthy Way between Holmgren Way and Oneida Street All 5K participants will receive a commemorative medal

### **RUNNER INFORMATION** HELPFUL INFO, TIPS, GUIDELINES FOR THOSE PARTICIPATING

#### **GEAR CHECK**

For Individual marathon/half marathon participants only - Gear Check will be available Sunday morning beginning at 5:30 AM - 1:00 PM at The Bar (2001 Holmgren Way). For faster gear bag check in, please have your bib number clearly written on your bag before arriving. Organizers are not responsible for items placed inside your gear check bag. You or your friend/family member must have your actual runner bib with you in order to retrieve your bag after the race.

### **OFFICIAL RADIO STATION IS WIXX 101.1 FM**

### WATER STATIONS

Stations will be located every 1-2 miles on the courses. There will be 20 Aid Stations on the Marathon course, 10 on the Half Marathon course, and 2 on the 5K course. Gatorade Endurance Formulat will also be available. See Below for Specific Locations of Water Stations -

### **MARATHON:**

#1: Marvelle & Orrie - Mile 1.2 #2: Smith Park: Bruce Ln, E of Shady Ln - Mile 2.4 #3: North Rd & S. Point Rd - Mile 3.6 #4: Church of Christ on W. Point Pd - Mile 5.0 #5: Incarnation Luthern Church on W. Point - Mile 6.1 #6: Colburn Park Driveway on Fisk & 6th St. - Mile 7.4 #7: Hickory Hill and Gross (Marguette Park) - Mile 9.0 #8/17: 5th & 6th (Community Garder) - Mile 10 & 22.6 #9/16: Porlier and Adams(Sidewalk/Greenway) - Mile 11.4 & 21.1 #10: Eliza and Clay (Astor Park) - Mile 12.4 #11: Libal and E. St. Joseph St. - Mile 13.7 #12: : Broadview just west of Libal (Langlade Elementary) -Mile 15.8 #13: Four Seasons Tennis, Riverside Dr - Mile 17.5 #14: Fox River Trail just north of Hwy 172 - Mile 18.7 #15: FRT & Hwy 172 - Mile 20.3 #18: Liberty St. and Sue Ln. (Beaumont Park) - Mile 24.3 #19: Ridge Rd. and Valley View Rd - Mile 24.3

### **HALF MARATHON:**

#1: Marvelle & Orrie - Mile 1.2

#2: Smith Park: Bruce Ln, East of Shady Ln - Mile 3.2

#3: North Road and S. Point Road (Lamers Bus Lines) - Mile 4.5

#4: West Point Rd. East of Baumgart Rd. (Church of Christ) - Mile 5.9
#5: 9th St. just west of Hwy 41 (Incarnation Lutheran Church) - Mile 7.0
#6: Colburn Park Driveway on Fisk and 6th St. (Colburn Park) - Mile 8.3
#7: Hickory Hill and Gross (Marguette Park) - Mile 9.8

#### **5**K

#1: Marvelle & Orrie - Mile 1.2#2: Lambeau Field, Ridge & Valley View - Mile 2.2

## RUNNER INFORMATION CONT.

### **RESTROOM FACILITIES**

Restroom Facilities will be available at the start line, finish line, and at every aid station along the course

#### **GEL STATIONS**

Gels will be available at Miles 8.3, 13.7, and 20.3 for the Marathon & Mile 7.4 for the Half Marathon

### **MEDICAL REUNITE**

This will be just outside the Medical Tent near The Bar.

SHOWERS There will be NO showers available at the finish line

### TIMING MATS

Timing Mats will be located at the following Mile Markers: 1, 5, 10, 15, 20, 25 and Finish Line

# RESULTS

**RESULTS** Results can be found HERE

#### **RUNNER TRACKING**

Tracking will be available via the Race Day Events App. Click <u>HERE</u> to download the Race Day Events app for free live tracking and results.

# PHOTOS

### FOCAL FLAME PHOTOGRAPHY

The Cellcom Green Bay Marathon, Half Marathon and 5K has event photography brought to you by <u>Focal</u> <u>Flame Photography</u>. Every participant will be able to download FREE Digital Race Photos. Share them with friends, family, on Facebook, Instagram, Twitter, Pinterest, or your blog using the hashtag #CCGBM, #CGBM24 and #CellcomGreenBay.

Click <u>HERE</u> to find your race photos!





There will be NO hotel shuttles provided on Saturday of event weekend for packet pick up. Participants must arrange their own transportation for this day.

#### SUNDAY MORNING PICK UP BUSES

School buses will pick up runners and family members at all PARTNER HOTELS on Sunday, May 19. The shuttles will drop off participants and spectators near the start line.

\*\*\*Buses depart race returning to hotel at 10:00am, 11:00am, 12:00pm, 1:00pm, 2:00pm\*\*\*

			SHUTTLE TIMES	
	MOTEL NAME	ADDRESS	BUS ARRIVAL TIME	BUS DEPART
BUS 1	Bay Motel	1301 S. Military Ave	5:50	6:00
BUS 2	Baymont	2840 S. Oneida St	5:50	6:00
(flight 1)	Fairfield Inn	2850 S. Oneida St	6:01	6:05
	Super 8	2868 S. Oneida St	6:06	6:10
	SPX (formerly The Hampton Inn)	2840 Ramada Way	6:00	6:15
BUS 3	Baymont	2840 S. Oneida St	6:00	6:05
(flight 2)	Fairfield Inn	2850 S. Oneida St	6:06	6:10
	Super 8	2868 S. Oneida St	6:11	6:15
	SPX (formerly The Hampton Inn)	2840 Ramada Way	6:16	6:20
BUS 4	Aloft Hotel	465 Pilgrim Way	5:50	6:00

\*Shuttle drop off/pick up is at corner of Borvan Ave/Holmgren Way\*

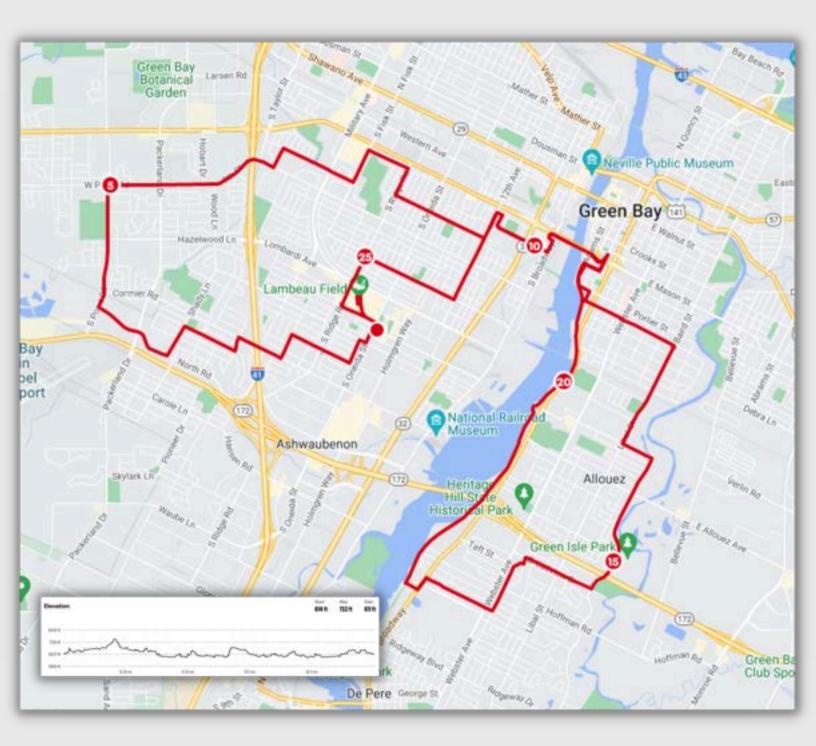
**PRE-RACE PICK UP TIMES:** Dependent on hotel location, please click HERE to see the shuttle schedule.

**NOTE:** These will be the only pick up times for both marathon runners and half marathon runners, even though the marathon starts at 7:00 a.m. and the half marathon starts at 8:00 a.m. Pick up will be directly in front of these hotels. Total transport time from any Green Bay area hotels ranges from 10 minutes to 20 minutes, depending on distance from the start line. The shuttles will be accessible at no charge to both runners and spectators.

#### **POST-RACE RETURN SHUTTLES**

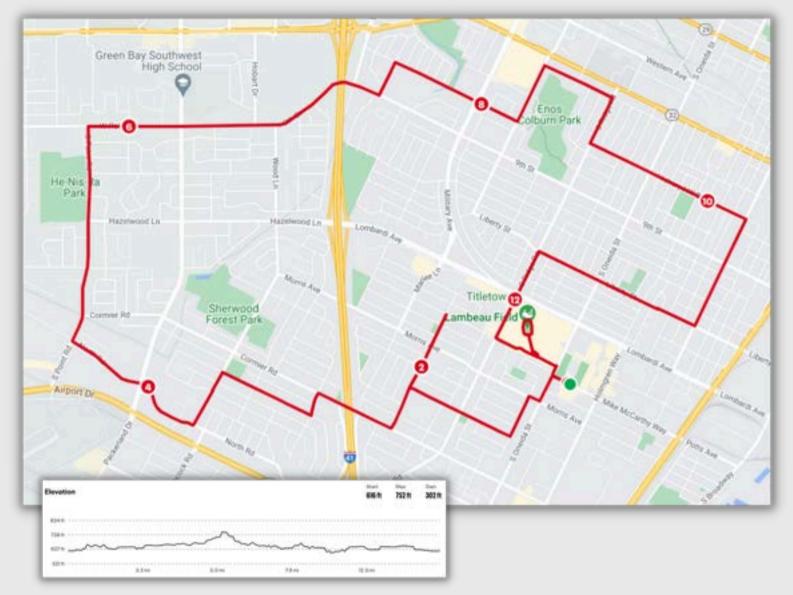
Buses will return participants and family members to the partner hotels from the Finish line at the top of every hour from 10:00 am until 2:00 pm. Race organizers will announce the arrival of the shuttles at the top of each hour in the finish area. Return shuttle loading is in the same location as drop off.

# MARATHON COURSE MAP



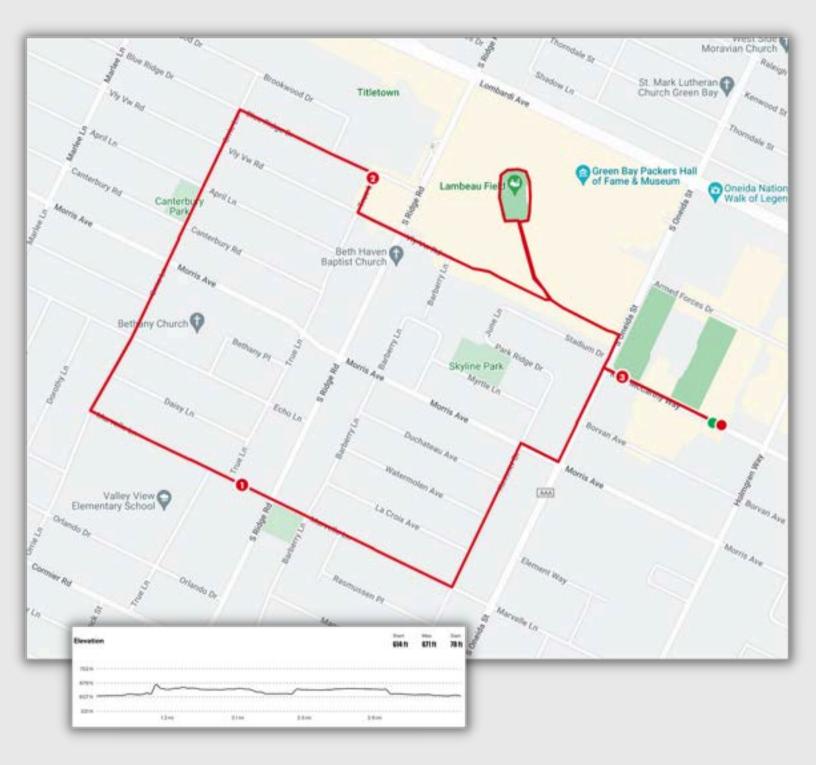
## CLICK HERE FOR THE MARATHON RACE COURSE

# HALF MARATHON COURSE MAP



## CLICK HERE FOR THE HALF MARATHON RACE COURSE

# **5K COURSE MAP**



### **CLICK HERE FOR THE 5K RACE COURSE**

# RULES OF THE ROAD

The Cellcom Green Bay Marathon is a sanctioned USA Track & Field (USATF) race, and conducted according to USATF Rules of Competition. Please be aware of the following rules and guidelines.

### **MUSIC LISTENING DEVICES ON RACE COURSE**

The Cellcom Green Bay Marathon permits participants to use portable media players during the event. Please keep volume at a reasonable level. Volume should be low enough to hear comments from fellow participants and race officials. This is both for runner etiquette and your own personal safety.

### **UNAUTHORIZED COURSE SUPPORT**

In compliance with USATF rules, participants are forbidden from accepting support along all course routes, outside of event established locations. Only official event personnel may offer race support and the products offered must be provided by event managers. Result of not following this rule will result in disqualification

#### **UNAUTHORIZED COURSE PRESENCE**

Unauthorized bikes and non-registered runners must stay off the course to avoid interfering with participants. No personal vehicles of any kind are allowed, including unauthorized bicycles, on any of our courses.

#### **RESPECT PROPERTY**

There are toilet facilities located in the start area, at all of the rest stations along the course route and in the finish area. They are there for your use. Trees, shrubs, and buildings are there for your viewing only. You are expected to respect private and public property and may be disqualifies if you abuse it in any way.

### **COURSE TIME LIMITS**

All participants must be able to finish the half marathon in four hours and the marathon in seven hours. These limits are negotiated with local public safety departments. The course will ne closed at a pace consistent with these limits. No race services, including medical, aid stations, or traffic control are available beyond this pace. If you are unable to maintain this pace, you will be offered bottled water and/or a ride to the finish by our sweep vehicles. If you choose to remain on course, you must move to the sidewalk. The finish line will close at 2:00 PM (assuming a 7:00 AM start), approximately seven hours after the last participant crossed the start line.



### RUNNER SAFETY/ MEDICAL INFORMATION

### **EVENT SECURITY**

Safety is our main priority and we work year-round with local public safety officials to plan a safe and fun experience for everyone involved. To help ensure a safe race experience, marathon organizers encourage all spectators, volunteers and runners to be aware of their surroundings and follow these protocols.

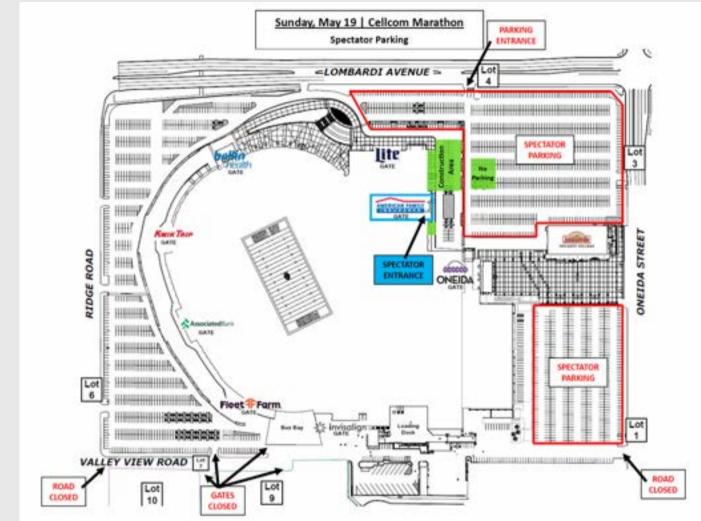
- Never leave bags unattended along any part of the course or the start/finish area.
- If you see something, say something! Any suspicious person, object, or vehicle along or near the race, please report the sighting to 9-1-1 or notify nearby law enforcement personnel.

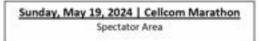
### **EVENT ALERT SYSTEM (EAS)**

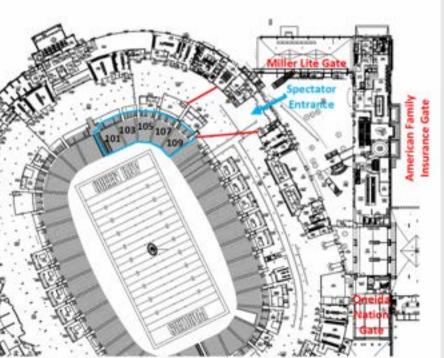
Please familiarize yourself with our Event Alert System. We will have alert flags throughout the course monitoring weather and event conditions.

EVENT ALERT SYSTEM (EAS)			
ALERT LEVEL	ERT LEVEL ALERT LEVEL ALERT LEVEL		
EXTREME	DANGEROUS CONDITIONS EVENT CANCELLED RESULTS/TIMING HALTED	STOP RUNNING Walk to nearest aid station	
HIGH	POTENTIALLY DANGEROUS CONDITIONS	SLOW DOWN Follow official inctruction Heed course changes Consider Stopping	
MODERATE	LESS THAN IDEAL CONDITIONS	SLOW DOWN BE PREPARED FOR WORSENING CONDITIONS	
LOW	GOOD Conditions	ENJOY THE EVENT BE ALERT	

## SPECTATOR INFORMATION







### NEED TO KNOW

Parking: Lot 3 & 4

Entrance: American Family Insurance Gate

> Spectator Seating: Sections 111 - 119

### Proud Sponsor of the Cellcom Green Bay Marathon





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# THE BAR HOLMGREN WAY

The Bar



The new four-season multi-functional pavilion addition will provide space to serve private parties, live music, gameday events and activities such as pickleball and cornhole. With 6 large garage doors and heating units, The Bar will be able to meet the high demand for an extended outdoor season.



2001 HOLMGREN WAY - 920.499.9989 - MEETATTHEBAR.COM

# Investing in what Matters

For over 50 years, we have been invested in the success of your family, your business and your life. Because what matters most is doing what's right - for our customers, our associates, and our Wisconsin communites.

We are proud to sponsor the Cellcom Green Bay Marathon and support your work in the Green Bay community.

Learn more at JohnsonFinancialGroup.com. 318 S Washington Street, Green Bay | 920.433.7100



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### **GREEN BAY PACKAGING**

Green Bay Packaging is proud to sponsor the Cellcom Green Bay Marathon in their mission to make a difference in our community!



### SNACKINGHEESE THE ULTIMATE GRAB & GO SNACK

"Smile with Every Bite

STNE 1502 (420

BelGioioso Snacking Cheeses are a good source of protein and calcium, perfect for keeping you on track during those outdoor adventures. Premium quality and convenience, exactly what your busy life needs.

**rBST Free\* | Gluten Free | Awa**rd-Winning \*No significant difference has been found in milk from cows treated with artificial hormones.



ARMESAL

# GOOD LUCK TO ALL OUR RUNNERS!







