



2010 PACE TEAM LEADER

NAME: Scott Darrow

EMAIL ADDRESS: outrunnin@aol.com

PACE GROUP TARGET TIME: 3:30

CITY/STATE OF RESIDENCE: Green Bay, Wisconsin

NUMBER OF MARATHONS RAN: 10

NUMBER OF MARATHONS AS A PACER: 1 (3:30 pacer for last year's Cellcom—we came in at 3:29:50)

PACING PHILOSOPHY: I believe in holding a steady pace throughout the race and banking about 40 seconds by mile 13. By mile 20 or 21, I encourage anyone feeling strong to go ahead. Otherwise, stick with me and I'll get you there on pace!

NOTABLE ACHIEVEMENTS: 3:13:20 PR in 2006 at Whistlestop (Ashland, WI). Just ran a 3:19:06 at the 2009 Twin Cities Marathon (MN).

WORDS OF ADVICE: Keep marathoning fun!