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MEDIA INVITE

You're invited to the
Prevea Training Runs
For Cellcom Green Bay Marathon

**Saturday, January 8
8:00 a.m.**

**Bay Park Square Mall
Food Court Entrance
Green Bay, Wisconsin**

According to statistics, 45 percent of people make a new year's resolution, usually about losing weight and exercising more. Of that group, only 75 percent make it past the first week, a percentage that continually drops over time. The camaraderie at the training runs help the Prevea Training Run participants retain their new year's resolution. More than 400 area runners participating in the Prevea Training Run's come out in the cold to train for the Cellcom Green Bay Marathon every Saturday until the big event—a group whose numbers have grown every year. Come out and join Prevea Health and the energetic group of training runners to keep your New Year's resolution alive!

Media is invited to this event to meet the runners and speak with Mike LaMere, Prevea Training Run Director and Sean Ryan, Green Bay Cellcom Marathon Director.

The 18-week series from Jan. 8 to May 7 allows runners from the Greater Green Bay area to run with a group, socialize and meet new friends. All Prevea Training Runs are free and have water and Gatorade every 2.5 miles for 12-minute mile or faster runners.

Prevea Health's mission is to care for people with passion, pride, and respect. Founded in 1996, Prevea Health partners with St. Mary's and St. Vincent Hospitals in Green Bay, and St. Nicholas Hospital in Sheboygan to provide access to more than 200 providers in over 50 specialty areas. Prevea's 20 locations are throughout metropolitan Green Bay and in Luxemburg, Kewaunee, Marinette, Oconto, Plymouth, Pulaski, Seymour, Sheboygan and Sturgeon Bay. Visit www.prevea.com for more information.

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