

Cellcom Green Bay Marathon profile: Megan Hanson

May 15, 2008

This is the fourth in a series of Q&As with runners planning to compete in the Cellcom Green Bay Marathon on Sunday.

Age: 24.

City of residence: Green Bay, originally from Mandan, N.D.

Occupation: Student at UWGB

Event competing in: Half marathon.

What's your training regimen? I run four times a week, lift three times a week and crosstrain once a week.

Do you run by yourself or with others? By myself.

What motivated you to start running and choose to run in the Green Bay Marathon: I always have been an athlete, but never have been a runner. My sister-in-law has been a runner her whole life and has competed in numerous events and will be coming to run with me. Before I moved here, I had heard about the race and thought that I would like to give it a try ... kind of a "let's see if I can do it" kind of thing.

Do you have any superstitions or traditions that you follow before the race? Say a prayer.

Is there a particular song or music that you listen to while running? "Paralyzer" by Finger Eleven.

— **Press-Gazette**